

5 TIPS ON HOW TO MAKE A TOUGH DECISION TO GET THE OUTCOME THAT YOU WANT

1 ALWAYS START WITH YOUR VALUES

The decisions that you make define the person that you are. The decisions that you make also project the values that you hold to the world around you.

Mirror Effect: Decisions reflect your values to other people.

Lens Effect: Decisions make it clear for the people that you come in contact with what you stand for.

Set Your Standard and Implement it Daily

- Under stress we fall back on old habits; even if they don't work anymore.
- 50% of your decisions are made "value" first and declines **SHARPLY** the more complicated the decision.
- People choose what they care about most deeply.

2 TAKE, TAKE, TAKE

Take control of your emotions. Emotions are streets without stoplights.

Take time to make the decision.

Take responsibility for the decision that you need to make. No decision is still a decision.

3 RESEARCH | SECURE AS MUCH INFORMATION AS YOU CAN

Questions That Need Answers

- Do you have all of the information and where did the information come from?
- Have others made similar decisions and are they available for consultation?
What were the results?
- What will failure look like before you go down that path?
- What are all of my options and can I challenge my constraints?

Invest the time to consider how your decision could end up in failure.

- We are predisposed to contemplate success, and we need to balance and contemplate failure.

4 WHO WILL BE IMPACTED MOST BY YOUR DECISION

Can you handle the consequences?

- There will be a consequence that accompanies every decision that you make.
- Doubt, guilt, and questioning your decisions are natural. Be ready!
- Consider everyone that could possibly be effected by your decision.

5 NO DECISION IS PERFECT

Perfection prevents action!

- Make sure your heart is CLEAR and STRONG.
- Don't forget to check the basics. Overlooking small details can be a massive downfall.
- Have courage and **take action!**